

Challenge Route: Day 4 / Saanen-Gstaad to Interlaken -> Wengen

To Follow: Route 9

Map: Route 9 Book, pages 26,28,30,32

GPS points: 3.1 - 3.68

Distance: 74 KM (or 66 km with shortcut)

Watch out for:

Dangerously steep gravel downhill if you do the « downhill detour »

Also, watch for on-coming traffic and dangerous tunnels when riding on Lake Thun (3.59 — 3.62)

Make sure you have a big breakfast and pack some treats because we have a lot of biking before lunch today.

There is a difficult climb out of Gstaad, but the views are the big pay off. If you're not with your guide, keep your eyes on the GPS because after Waypoint 3.5 there is an « Easy to Miss » waypoint. This will take you down a very steep gravel descent. If you are shaky you should simply keep following the main road to Zweisimmen. If you are unsure, you can always take this more "adventurous" route, but walk your bike down the scary parts. We'll all reconnoiter at the train station in the town of Zweisimmen.

Afterwards we'll be riding on nice gravel next to rivers and through pastures until we arrive at our lunch spot which David is setting up in the "middle-of-nowhere".

Once in Interlaken, we will need to proceed through town until "Interlaken Ost" train station. David should be waiting here and he will point out the "Hotel Carlton" which 100 meters from the station. We will bring our bicycles downstairs and store them here for the two nights that we'll be in Wengen.

We'll wait for the group to catch up and all take the train to Wengen at 05 or 35 past. There are private cars allowed in Wengen, so the train is the only way up ! This means that David will need to hand off the luggage to everyone before boarding the train. The ride is very scenic . We change trains in Lauterbrunnen before arriving in Wengen. The whole trip takes 40 minutes or so. From Wengen the hotel is a short walk.

We will be staying at the XXX. It is a charming hotel with unique character, in the Art Nouveau style, built in 1912. Towering over the valley, it has the best position in Wengen.

Tonight we'll be eating a raclette dinner at the XXX which is a 10 minute walk from the XXX.

