

Challenge Route: Day 7/ Lucerne to Rapperswil

To Follow: Route #9

Map: Route 9 Book pages 38,40,42,44

GPS points: 5.1 - 5.67

Distance: 98 km

Watch out for: Make sure to have food and water in abundance when leaving Zug and Einsiedeln. There are few places afterwards.

Points of Interest:

POI Einsiedeln Abbey : (GPS: 5.50) See map book for details

We'll be need to be careful of the traffic in the center of town as we leave Lucerne, but we'll be on dedicated bike paths within 10 minutes.

It's a short morning: 30 rather flat kilometers to lunch on the lake in Zug.

There are steep climbs out of Zug and another steep climb before reaching Rapperswil. Each climb offers stunning views.

You might take some time to visit the large abbey in Einsiedeln (a major catholic pilgrimage site) and taste the Einsiedeln beer. If you want the extra kilometers, you might consider riding around the Sihlsee (lake at Einsiedeln) before getting on the Route 9 path to Rapperswil.

There is some tough climbing between Einsiedeln and Rapperswil: make sure you pack water and a banana or two. There is also a scary gravel descents at the summit...so no shame in walking your bike at this point.

Rapperswil is lovely and it's worth spending some time walking its streets. Your hotel is the "Jakob Hotel" in the city center. There is a bike garage on the side street next to the hotel. We'll be eating on the hotel terrace, weather permitting.